Summer Think Tank Presenter Information

Makungu M. Akinyela, Ph.D., LMFT, Bio



Dr. Makungu M. Akinyela is a family therapist practicing at the Family Center of South Dekalb in Decatur, Georgia. He is the founder of FCOSD and the clinical director of the practice's Assertive Community Treatment (ACT) Team, serving severely and chronically mentally ill clients. In addition Dr. Akinyela is an Associate Professor in the Department of African American Studies at Georgia State University in Atlanta. Dr. Akinyela is the developer of Testimony therapy. He is well known in the family therapy field for his expertise in cultural issues and narrative ideas in family therapy. He has taught and

conducted seminars and workshops both nationally and internationally in such places as Adelaide, Australia, Cape Town, South Africa, Hong Kong, Havana Cuba, the USA and Canada. He serves on the editorial boards of the Journal of Systemic Therapy and the International Journal of Narrative Therapy and Community Work.

Makungu M. Akinyela, Ph.D., LMFT Presentation Outline:

Somebody's Got To Testify! - Therapy in defense of dignity, Georgia State University

- I. Testimony Therapy
 - A. What is testimony therapy?
 - B. Client directed work in Testimony therapy.
- II. A history of indignation
 - A. The historical context of black resistance to mental health work.
 - B. Pathologizing resistance.
- III. Domination and Resistance
 - A. Video Segment
 - 1. Legacy of Torture (The case of the San Francisco 8)
 - B. Key ideas to remember
- IV. More ideas of Testimony therapy
- V. The Four Healing Questions
 - A. What happened to you?
 - B. How does what happened to you affect you now?
 - C. What gives you the strength to carry on?
 - D. What do you need to heal?
- VI. Broadening the Conversation

Makungu M. Akinyela, Ph.D., LMFT Presentation Readings:

Akinyela, M., (2008) "Once they come: testimony therapy and healing questions for African American couples" in Revisioning family therapy: Race, class, culture, and gender in clinical practice, 2nd Ed. Monica McGoldrick & Ken Hardy, editors. New York: Guilford Press.

Akinyela, A. "Testimonies of Hope: African Centered Praxis for Therapeutic Ends" in The Journal of Systemic Therapy, Spring 2005.

Jann Derrick, M.A., Bio



Jann is the mother of three children and the grandmother of six. She is of Mohawk heritage. She is a Counseling Psychologist and has specialized training in Relationship and Family Therapy and is a Registered Family Therapist. She did pioneering therapy work with residential school survivors in Lytton, B.C. in the 1980's. Jann has worked at Round Lake Treatment Centre as a clinical supervisor, a trainer of Drug and Alcohol counselors, and as therapist in the Centre's innovative Trauma Recovery Program for Native Trauma. She facilitated a national Aboriginal Focus Group that created a Code of Ethics for the Aboriginal Healing Foundation. Jann's clinical work focuses on the healing of Residential School survivors and the intergenerational effects of Native Historical trauma.

Jann has published professionally about *The Box and the Circle* and *Native Family Systems*, as well as contributing to books such as **The Dispossessed** by Geoffrey York, **Voices of Color – First Person Accounts of Ethnic Minority Therapists** ed. Rastogi and Wieling, and **Multicultural Couple Therapy** ed. Rastogi and Thomas. She has presented throughout Canada and internationally in the USA, Australia and New Zealand. She received the John Banmen Award in 2008 for outstanding contributions to Family Therapy in British Columbia.

Jann Derrick-Presentation Description

Onen Kiwahi: The Indigenous Worldview as the Foundation in a Practicing Family Therapy Model

Jann Derrick M.A. PhDcand. R.M.F.T.

Indigenous/Native/Aboriginal/First Nations people around the world are currently reclaiming their worldview, their cultures, and their languages (Indigenous Healing Our Spirit Worldwide Gathering Hawai'i 2010). Canadian Aboriginal people are understood to be leading this movement. Thousands of First Nations, Inuit and Metis people in Canada are telling their stories of forced removal from their families and a childhood spent in abusive residential schools. Many of these Aboriginal survivors and their families are seeking therapy and healing for this horrific experience.

The Indigenous worldview focuses on relationships and family systems; attaining harmony and balance within and between peoples. Therefore, family systems therapists can offer a healing model that 'fits' for Native people culturally as both focus on relationships and family and see the world systemically.

The Onen Kiwahi Family Therapy model has been developed by this author who is of Native descent. It is based on 30 years of experience, and eleven years of intensive work with residential school families and mainstream families in the interior of B.C., Canada. The model is grounded in the Indigenous world view and incorporates both traditional healing approaches as well as mainstream therapies. The presentation of this model will include an experiential component of the circle system – the foundation of the Indigenous worldview – and a didactic component. Recommended readings and DVD titles will also be made available.

Jann Derrick Presentation Reading:

Rupert Ross. Criminal Conduct and Colonization: Exploring the Link. Kenora, Ontario

Rupert Ross. (2009). Heartsong: Exploring Emotional Suppression and Disconnection in Aboriginal Canada

Additional Recommended Readings:

- 1. "When Turtle Met Rabbit: Native Family Systems" Chapter 4 in Voices of Color: First Person Accounts of Ethnic Minority Therapists. M. Rastogi and E. Wieling ed. Sage Publications, 2005
- 2. "Native Couple Therapy: Connecting, Rebuilding and Growing Beyond" Chapter 19 in Multicultural Couple Therapy. M.Rastogi and V. Thomas ed. Sage Publications, 2009
- 3. York, G. The Dispossessed: Life and Death in Native Canada. Lester and Orpen Dennys Pub. Toronto, 1989
- 4. Hart, Michael H. Seeking Mino-Pimatisiwin: An Aboriginal Approach to Helping. Fernwood Pub. Halifax, 2002
- 5. Smith, Linda Tuhiwai. Decolonizing Methodologies: Research and Indigenous Peoples. University of Otago Press, Dunedin, 1999 and 2008
- 6. Wilson, Shawn. Research is Ceremony: Indigenous Research Methods. Fernwood Pub. Halifax, 2008
- 7. Archibald, Jo-ann Q'um Q'um Xiiem. Indigenous Storywork: Educating the Heart, Mind, Body and Spirit. UBC Press, Vancouver, 2008
- 8. Wadden, Marie. Where the Pavement Ends: Canada's Aboriginal Recovery Movement and the Urgent Need for Reconciliation. Douglas & McIntyre, Vancouver, 2008
- 9. Ross, Rupert. Returning to the Teachings: Exploring Aboriginal Justice. Penguin Books, Toronto, 1996
- 10. Duran, E and Duran, B. Native American Postcolonial Psychology. State University of New York Press, 1996
- 11. Fournier, S and Crey, E. Stolen From Our Embrace: The Abduction of First Nations Children and the Restoration of Aboriginal Communities. Douglas and McIntyre, Vancouver, 1997
- 12. Aboriginal Healing Foundation www.ahf.ca See the 'Research Series': multiple topics pertaining to the understanding and healing of the residential school experience

To View:

- "In Search of Healing Justice: Victim Offender Mediation Program and Aboriginal Healing Practices within Canadian Corrections". Heartspeak Productions <u>www.heartspeakproductions.ca</u>
- 2. "REZcovery" (Native youth who have murdered and are healing). Shenandoah Film Productions www.shenandoahfilms.com, 340 W 7th Street Eureka, CA. 95501 USA, Shenandoah Films website contains multiple films regarding Native topics.
- "The Healing Circle" The Anglican Video for Residential Schools Working Group 1995 (groundbreaking video on the impact and history of Residential Schools in Canada) The Anglican Book Centre 600 Jarvis Street Toronto, Ont M4Y 2J6

Carolyn Tubbs, Ph.D., Bio



Carolyn Tubbs, Ph.D. (Purdue University) - Dr. Tubbs is a Associate Professor in and Program Director of the Marriage and Family Therapy Program at St. Mary's University in San Antonio, TX. She earned her masters degree in Human Development and Family Studies at Texas Tech University and her doctorate in Child Development and Family Studies/Marriage and Family Therapy at Purdue University. Dr. Tubbs was a Postdoctoral Fellow with the

Family Research Consortium III and a Research Scientist at Penn State University for the Welfare, Children and Families: A Three City-Study, a multi-site ethnographic study on welfare reform. As part of her work, Dr. Tubbs has examined facilitators of family stability, family rituals, and parenting in low-income families. Dr. Tubbs has also been involved with the National Institute on Domestic Violence in the African American Community in researching the causes and solutions to domestic violence in African American communities located in both urban and rural regions throughout the United State. Her research interests include qualitative research methodology, shared parenting among couples with a history of intimate partner violence, health care disparities, mental and physical health issues, and parenting in low-income populations.

Qualitative Research Workshop – Carolyn Y. Tubbs, PhD

This workshop begins with a quick overview of basics of qualitative research, then focuses on the basic mechanics of using MaxQDA, a textually-focused qualitative data analysis software. MaxQD is one of the easiest, and yet most effective, qualitative software packages available. Participants should be bring a Windows-based laptop and a trial copy of MaxQDA downloaded and installed no later than May 28 (trial lasts 30 days; http://www.maxqda.com/downloads/demo). Sample data will be provided.

Instructions for Downloading MaxQDA

You will need to bring a laptop to the Summer Think Tank for this training event. Please follow the instructions below to install the required software on your laptop for the workshop.

- 1. Go to download website: http://www.maxqda.com/downloads/demo
- 2. Fill out the required information including the following: Salutation, Surname, Name, E-mail, Country
- 3. Select the "Send Download Link"
- 4. Open MaxQDA email sent to the address you provided
- 5. Open the download URL provided
- 6. Select Save file on the download window that appears
- 7. Save "MAXQDA10_Demo.exe" to an appropriate location on your computer, eg. your desktop
- 8. Once download is complete launch the downloaded file and follow the prompts

Additional information on Max QDA can be found at http://www.maxqda.com/downloads/demo. There you can find information on the system requirements, online tutorials, video tutorials, etc.

Jared Durtschi, Ph.D., Bio



Dr. Jared Durtschi is an Assistant Professor of Marriage and Family Therapy at Kansas State University, joining the KSU program in 2011. He completed a BS in psychology from Brigham Young University, a MS in MFT from Purdue University Calumet, and a PhD in MFT from The Florida State University. Dr. Durtschi is a current member of the American Association for Marriage and Family Therapy (AAMFT) and the National Council on Family Relations (NCFR). At KSU, he teaches a course on structural equation modeling, advanced family therapy theories, and advanced studies in MFT and family science. He provides individual and group clinical supervision to masters and

doctoral level students. His research and clinical interests center on romantic relationships and family processes. His research is guided by family systems theory and life course theory. Dr. Durtschi studies couples and families by analyzing longitudinal, dyadic data using quantitative methods, with large publically-available data sets to further his program of research. Dr. Durtschi enjoys working alongside graduate students in research. His research centers on two general themes:

- 1. Understanding romantic relationships and processes across time during (a) the transition to parenthood, (b) early stages of marriage, and (c) emerging adulthood. He is particularly interested in studying predictors of relationship quality and stability.
- 2. Examining family processes and links between how parents' romantic relationship is linked with parenting behaviors and child outcomes.

Dr. Durtschi grew up in many different locations in the U.S., Canada, and Europe. He has been married for 8 years and has two sons and a daughter. In addition to his work responsibilities, he enjoys spending time with his family, traveling, snowboarding, kayaking, horse riding, and mountain biking.

Dr. Jared Durtschi-Presentation #1 Description: A Gentle Introduction to Structural Equation Modeling (sample data will be provided)

More and more researchers are using structural equation modeling in their own research. Unfortunately, many of us in MFT create a false dichotomy that if we are good with people, we cannot be good at statistics. I believe we can be great at both! I am inviting you to take a leap of faith by taking this workshop and allow yourself to overcome any fears we have about ourselves and statistics. This workshop will provide a gentle introduction to Structural Equation Modeling (SEM). It provides an overview of conceptually what these analyses are and how to run these models with Mplus and Amos software. Careful attention will be paid to speak in regular English, without a lot of statistical jargon, or Greek letters. In the workshop you will gain first-hand experience running your own models, and interpreting those results. The topics to be covered include path analysis, confirmatory factor analysis, and full structural models (a.k.a., SEM). A working knowledge and familiarity with correlation and regression will be helpful in understanding this material. The academic field is moving forward; let's keep MFT on the front lines.

Dr. Jared Durtschi-Presentation #1 Readings:

Kline, R. B. (2011). Principles and practice of structural equation modeling: Third edition. New York: Guilford Press.

Chapters 1 and 5 are suggested readings from the Kline book. This book is a great tutorial on SEM. It is very clear, and serious students who want to learn SEM should read the entire book and seek further training on this topic.

Dr. Jared Durtschi-Presentation #1 outline:

- I. What in the World is SEM?
- II. Building Blocks of SEM
 - a. Variance, Covariance, and Correlation
 - b. Regression

- c. Assumptions of Regression (also applies to SEM)
- d. Connecting the dots between regression and path analysis
- III. SEM Language and Symbols
- IV. SEM Software
 - a. Amos
 - b. Mplus
- V. How SEM Works
 - a. Maximum Likelihood estimation
 - b. Model identification
- VI. Interpreting Model Fit
 - a. Chi-Square, RMSEA, CFI, SRMR, others
- VII. Path Analysis
 - a. What path analysis is
 - b. Practice running path analysis models with sample data
 - c. Practice interpreting results
- VIII. Confirmatory Factor Analysis (CFA)
 - a. How CFA is related to exploratory factor analysis
 - b. What CFA is
 - c. Practice running path analysis models with sample data
 - d. Practice interpreting results
 - e. Chi-Square test of nested models
- IX. Full Structural Models, also called SEM
 - a. What SEM is, predicting latent variables
 - b. Practice running SEMs with sample data
 - c. Practice interpreting results
- X. How to Fool Yourself with SEM
 - a. Common misunderstandings with SEM-based analyses
- XI. Benefits of SEM and Concluding Remarks

Dr. Jared Durtschi-Presentation #2: A Gentle Introduction to Dyadic Data Analysis (Sample data will be provided)

In MFT, generally we are interested in studying relationships between people. Relatively new data analysis techniques have been developed that advance how dyadic data analysis can be completed. This workshop will provide a gentle introduction to dyadic data analysis, where both members of a dyad (e.g., mother-father dyad, or father-daughter dyad) are measured on the same set of variables. This workshop will provide an overview of concepts such as nonindependence, conceptual distinguishability, and empirical distinguishability. The analyses that will be discussed and practiced by participants include: actor-partner interdependence models, dyadic cross-lagged models (i.e., autoregressive models), and dyadic growth models (a.k.a., growth curves). We may also discuss currently recommended strategies to handle missing data, if time allows. Throughout this workshop, as in the SEM workshop, careful attention will be paid to speak in regular English, without a lot of statistical jargon, or Greek letters. Participants with a basic background in SEM, or who attended the previous day's workshop, "A Gentle Introduction to Structural Equation Modeling" will be prepared for this workshop. If we present ourselves as clinicians and researchers who specialize in couples/dyads, it is reasonable that we also know how to quantitatively test our ideas with dyads.

Dr. Jared Durtschi-Presentation #2 Readings:

Ackerman, R. A., Donnellan, M. B., & Kashy, D. A. (2011). Working with dyadic data in studies of emerging adulthood: Specific recommendations, general advice, and practical tips. In F. D. Fincham & M. Cui (Eds.), Romantic relationships in emerging adulthood. (pp. 67-97). New York, NY: Cambridge University Press.

Optional readings, Chapters 1, 2, & 5 from:

Kenny, D. A., Kashy, D. A., & Cook, W. L. (2006). *Dyadic data analysis*. New York: The Guilford Press

Dr. Jared Durtschi-Presentation #2 Outline:

- I. The Basics
 - a. Nonindependence
 - i. Definition and examples of nonindependence
 - ii. Problems with nonindependence in statistics
 - b. Types of dyads
 - i. Distinguishable vs. indistinguishable dyads
 - 1. Testing for empirical distinguishability
- II. Actor-partner interdependence model (APIM)
 - a. APIM made simple
 - b. Actor effects
 - c. Partner effects
 - d. Actor-partner interaction effects
 - e. Examples
 - f. Practice running APIMs with sample data
 - g. Practice interpreting results
 - h. Longitudinal APIM actor and partner effects across time
- III. Dyadic cross-lagged model
 - a. Inter-relationships between dvads across time: Chicken, egg, or bidirectional
 - b. Examples
 - c. Practice running these models with sample data
 - d. Practice interpreting results
- IV. Growth Modeling (i.e., growth curve)
 - a. Overview of growth modeling
 - i. It's all about change
 - b. Univariate (i.e., unconditional) growth model
 - i. Measuring change across time in a variable
 - ii. Practice running and interpreting univariate growth models
 - c. Growth model with a predictor (conditional)
 - i. Predicting the initial level and rate of change in a variable across time
 - ii. Practice running and interpreting conditional growth models
 - d. Interlocked dyadic growth models
 - i. Change in one variable predicting change in another variable
 - ii. Practice running and interpreting interlocked growth models

- e. Dyadic growth mixture models
 - i. Identifying and predicting multiple latent classes of trajectories of change across time
 - ii. Practice running and interpreting growth mixture models
- V. Closing Remarks

Instructions for Downloading Amos:

You will need to bring a laptop to the Summer Think Tank for this training event. Please follow the instructions below to install the required software on your laptop for the workshop.

- 1. Go to download website: http://amosdevelopment.com/download/
- 2. Select the download link provided in the Installation section (34 MB file size).
- 3. Select Save file on the download window that appears
- 4. Save "InstallAmosStudentVersion501.exe" to an appropriate location on your computer, eg. your desktop
- 5. Once download is complete launch the downloaded file and follow the prompts

Additional information on Amos 5 can be found at http://amosdevelopment.com/download/. There you can find information on online documentation, screen shots, videos, support, etc

A free student version of Amos can be downloaded at this website: http://amosdevelopment.com/download/

Instructions for Downloading Mplus 6:

You will need to bring a laptop to the Summer Think Tank for this training event. Please follow the instructions below to install the required software on your laptop for the workshop.

- 1. Go to download website: http://www.statmodel.com/demo.shtml
- 2. Select the download link provided for the appropriate operating system
- 3. Select Save file on the download window that appears
- 4. Save the installer to an appropriate location on your computer, eg. your desktop
- 5. Once download is complete launch the downloaded installer file and follow the prompts

Additional information on Mplus 6 can be found at http://www.statmodel.com/demo.shtml. There you can find information on system requirements, general software descriptions, training, documentation FAQs etc

Leswin Laubscher, Ph. D., Bio



Dr. Leswin Laubscher received his Ph.D. from Northwestern University in Evanston, Illinois. He also studied at the University of the Western Cape, South Africa, where he obtained his Masters and Baccalaureate degrees.

In addition to clinical experience as a psychologist in both South Africa and the United States, Dr. Laubscher also counts teaching experience in both countries, most recently at the University of Stellenbosch, where he has been appointed an

"Extraordinary Professor". Research interests and publications have examined the intersection of culture and identity.

Currently, Dr. Laubscher is one of the principal researchers in an expansive international study that seeks to archive and analyze memories of Apartheid experiences. He is also interested in the works of the philosophers Jacques Derrida and Emmanuel Levinas, and the possible implications of those thinkers' thoughts for psychology.

Leswin Laubscher, Ph. D., Readings:

Laubscher, L. (2010). Facing the Apartheid Archive, or, of archons and researchers. South African Journal of Psychology, 40(4), pp. 370-381

Laubscher, L. (2010). Working with the Apartheid Archive: or, of Witness and Testimony. PINS, 40, pp. 49-63

Stevens G., and Duncan N. (2010). The Apartheid Archive: Memory, Voice and Narrative as Liberatory Praxis. PINS, 40, pp. 8-28

David Cordova, Ph. D., Bio



David Cordova was an AAMFT MFP Fellow from 2007-2009. Dr. Cordova has recently been awarded an early career award from the Centers for Disease Control and Prevention exceeding \$1,000,000. The Minority HIV/AIDS Research Initiative (MARI) is to build capacity in Black and Hispanic Communities and among Black and Hispanic Researchers to conduct HIV/AIDS Epidemiologic and Prevention Research. The funds will help in narrowing the gap of health inequities among Hispanics particularly as it relates to drug abuse and HIV, but also to advance the field of MFT and evidence-based

family preventive interventions. This four year study aims to develop and test the efficacy of a family-based drug abuse and HIV preventive intervention to be delivered via the internet. Dr. Cordova also received the National Institutes of Health Loan Repayment Programs which pays for his student loans in return for a two year commitment to research.