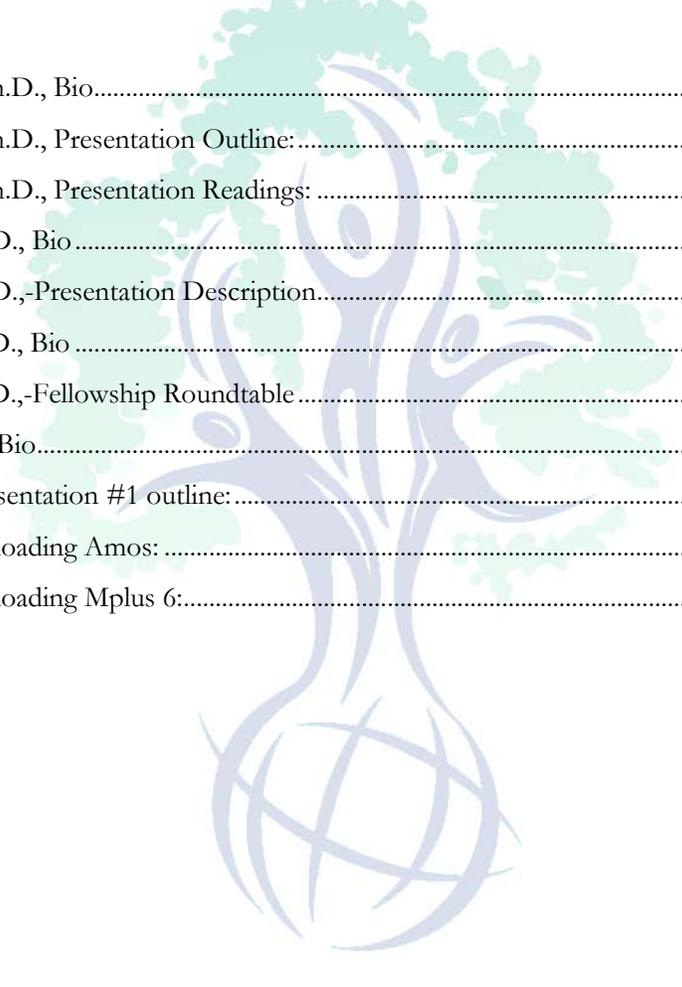


**AAMFT Minority Fellowship Program Training Institute**

**January 30<sup>th</sup> to February 3<sup>rd</sup>, 2012**

**Hilton Arlington, 950 North Stafford Street, Arlington, VA 22203**

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## Anthony Chambers, Ph.D., Bio



Anthony Chambers is the Director of the Couples Therapy Program, the Director of the Postgraduate Fellowship Program in Marriage and Family Therapy, and a Staff Licensed Clinical Psychologist at The Family Institute at Northwestern University. He is also an Assistant Clinical Professor in the Department of Psychology, and a Core Faculty member of the Marriage and Family Therapy Graduate Program at Northwestern University.

Dr. Chambers received his undergraduate degree from Hampton University, and completed his M.A. & Ph.D. in clinical psychology from the University of Virginia (Department of Psychology). He completed his internship and post-doctoral clinical residency at Harvard Medical School & Massachusetts General Hospital specializing in the treatment of couples. Dr. Chambers also completed a two-year postgraduate fellowship specializing in couple therapy at The Family Institute at Northwestern University. His clinical interests also include premarital counseling. Dr. Chambers has completed training and is an approved provider in two of the most comprehensive and well respected divorce-prevention/marriage enhancing programs in the world: PREP (Prevention and Relationship Enhancement Program) and PREPARE/ENRICH.

Dr. Chambers' passion, clinical, teaching, and scholarly interests all focus on strengthening the relationships of couples from all walks of life. Dr. Chambers is one of the faculty members teaching an exciting, innovative course at Northwestern University entitled "Marriage 101". Marriage 101 is a course taught to undergraduates about mate selection and the intricacies of committed, romantic relationships, especially marriage, with the ultimate goal of enhancing relationships and preventing problems.

Dr. Chambers is the author of several publications and presentations devoted to summarizing the science behind effective couple therapy, including a major article in the *Journal of Marital and Family Therapy*. In that article, Dr. Chambers and his co-authors not only reviewed the latest research on using couple therapy to treat common presenting problems such as communication, conflict, and infidelity, but were able to identify the core principles of change necessary for conducting effective couple therapy. Dr. Chambers also has a formal assessment procedure for assessing couples' relationship problems. He has presented his assessment procedure to national and international audiences, and has recently published the procedure in the journal *Couple and Family Psychology: Research and Practice*.

In addition to his general expertise in couple therapy, he also has expertise in specific presenting problems and populations. For instance, he was the principal investigator for a National Institutes of Health funded study examining the impact of the transition to parenthood on relationship satisfaction. While at Harvard and Massachusetts General Hospital, Dr. Chambers was also a part of their IVF program aimed at helping couples struggling with fertility issues. Dr. Chambers recently published an article in *Family Relations* delineating the unique factors that explain the disproportionately low marriage rate and high divorce rate among African American couples. He has also published articles and lectured on premarital couples, the transition to marriage, and inter-racial couples. Dr. Chambers' work has also received national media attention including a magazine article

on “Surviving Infidelity”, and an Associated Press article titled “Avoiding marriage’s No. 1 pitfall: Money troubles”. This article on marriage and money was picked up in over a dozen news outlets including the Washington Post.

The American Psychological Association (APA) recently elected Dr. Chambers to Fellow status because of his "unusual and outstanding contributions" in the field of Couple and Family Psychology. His professional activities include serving on the board of directors for the Society of Family Psychology division of APA, and being appointed to APA's Minority Fellowship Program's Initial Grant Review Committee. Dr. Chambers was also appointed to the American Psychological Foundation's Randy Gerson Family Systems grant review committee, and was a Grant Reviewer for Administration for Children & Families' Healthy Marriage Initiative. Dr. Chambers also reviews manuscripts for several publications including the *Journal of Consulting and Clinical Psychology* and the *Journal of Marriage and Family*. He also serves on the editorial boards for academic journals including *Family Process* and *Couple and Family Psychology: Research and Practice*.

### **Anthony Chambers, Ph.D., Presentation Outline:**

“A Contextual Interaction of Sociological, Historical, and Interpersonal Constraints Facing Therapists Treating African American and Interracial Couples”

- I. Review the research on the current state of African American couples
  - a. Review the sociological and historical factors
  - b. Discuss the psychological and interpersonal factors MFT therapists must consider
  - c. Tease apart the common and unique challenges facing African American couples
- II. Interracial Couples
  - a. Discuss sociological and historical constraints facing interracial couples
  - b. Discuss clinical issues to assess when working with interracial couples
- III. Culturally sensitive couple therapy
  - a. Discuss methods for conducting culturally sensitive couple therapy.

### **Anthony Chambers, Ph.D., Presentation Readings:**

Understanding the Disproportionately Low Marriage Rate Among African Americans: An Amalgam of Sociological and Psychological Constraints

## Elizabeth Wieling, Ph.D., Bio



Elizabeth Wieling, Ph.D., is Associate Professor in the Department of Family Social Science, Marriage and Family Therapy Program, at the University of Minnesota.

Dr. Wieling's early research focused on developing a better understanding of cross-cultural dynamics present in therapy and advancing clinical models that more adequately fit the cultural characteristics of Latino/a populations. This work has evolved into investigations of preventive and clinical interventions that demonstrate efficacy and effectiveness with at-risk and trauma affected Latino/a families in the U.S. and abroad. She was the recipient of a K01 Research Scientist Career Development Award funded by NIMH called "*Implementing the Parenting Through Change Model with Latina Single Mothers*" (2003-2008). The purpose of this study was to adapt and extend upon the Oregon Social Learning Center's Parent Management Training (PMT-O) intervention for a population of Latina single mothers. Dr. Wieling is concurrently pursuing a research agenda that involves integrating her previous cross-cultural work and prevention background to develop ecological and culturally relevant multi-component systems interventions for populations affected by mass trauma – particularly related to war, organized violence, and disaster – and she is developing and implementing her program of research across several international contexts, including Mexico, Uganda, Sri Lanka, and most recently Iraq. Her local program of research focuses on developing similar mental health screening and intervention programs for trauma affected incoming refugee groups.

## Elizabeth Wieling, Ph.D.,-Presentation Description

Title: Developing Multi-component Systemic Interventions for Families Affected by Mass Trauma

Seminar will introduce concepts of psychological trauma within larger ecological and political contexts of war and organized violence, followed by an overview of Narrative Exposure Therapy for posttraumatic stress disorder and family/parent level interventions for trauma affected communities. Data from projects in Mexico with a child maltreatment population and Northern Uganda with war related violence will be presented.

## Elizabeth Wieling - Presentation Reading:

None provided to date. Please monitor the forums for a future update.

## Richard Wampler, Ph.D., Bio



Richard S. Wampler, PhD, is a Professor of Human Development and Family Studies at Michigan State University. His particular interests are developing, implementing, and evaluating community-based programs for underserved and minority families and adolescents. Although his doctorate is in experimental psychology from the University of Pennsylvania (1970) and he taught in psychology departments for 10 years, he later completed a Master's in Social Work at the University of Georgia (1981). In addition to his experience as a faculty member at Kansas State University, Purdue University at Ft. Wayne, Texas Tech University, and Michigan State University, he served as a therapist in a community mental health center, the director of psychological services for 600 residents with developmental disabilities at Central State Hospital (Milledgeville, GA), and as executive director of the Family Counseling Service of Athens (GA). He is licensed as both a marriage and family therapist and psychologist in Michigan.

Dr. Wampler has established and directed individual family therapy programs for juvenile offenders in residential treatment and their families, for high-risk juveniles attending an alternative school, for high-risk adolescents and their families through a home-based and school-based program, for single Latina mothers attending a parenting program, and for Latino couples attending a church-sponsored couple communication program. In each of these programs, couple and family therapy graduate students served as therapists under Dr. Wampler's supervision. One of his important personal goals is to encourage students in training to go outside the comfort of a therapy office and reach individuals and families who would not have access or seek therapy services.

His research publications and presentations have ranged widely, from his early work in experimental psychology to more recent work on parent and peer attachment issues in high-risk juveniles. Although he was trained to value quantitative research, much of his recent work with students and colleagues has been to explore the experiences of individuals from underserved or high-risk populations through qualitative methods. He is currently researching information taken from interviews with therapists who participated in the home-based therapy program, from African American men about their strategies for success in college, and, in the near future, from young adult American-born Muslim men and women regarding their experiences as children and adolescents growing up in the post-9/11 world. At the same time, he is also interested in using survey data collected from high-risk adolescents to predict their risk of arrest as adults. In his research efforts, Dr. Wampler involves graduate and undergraduate students with the goal of encouraging them to become independent researchers.

Dr. Wampler teaches the doctoral course in supervision, a course in prevention programs and a second course in individual and family assessment, and serves as supervisor in the Couple and Family Therapy Clinic. He has been married to Karen Smith Wampler for 46 years, has a son and daughter, three grandchildren, and a great-grandson.

## Richard Wampler, Ph.D.,-Fellowship Roundtable

Dr. Wampler will facilitate professional and research development oriented discussions tailored to the indicated goals of Fellows selected for Fellowship Roundtable at the WTI. He will be providing both written and oral feedback to selected Fellows based on a review of their current and/or future professional-research interest(s) and/or project(s). Dr. Wampler will also be present at the WTI for additional questions, discussion and networking opportunities for all Fellows.

## Jared Durtschi, Ph.D., Bio



Dr. Jared Durtschi is an Assistant Professor of Marriage and Family Therapy at Kansas State University, joining the KSU program in 2011. He completed a BS in psychology from Brigham Young University, a MS in MFT from Purdue University Calumet, and a PhD in MFT from The Florida State University. Dr. Durtschi is a current member of the American Association for Marriage and Family Therapy (AAMFT) and the National Council on Family Relations (NCFR). At KSU, he teaches a course on structural equation modeling, advanced family therapy theories, and advanced studies in MFT and family science. He provides individual and group clinical supervision to masters and doctoral level students. His research and clinical interests center on romantic relationships and family processes. His research is guided by family systems theory and life course theory. Dr. Durtschi studies couples and families by analyzing longitudinal, dyadic data using quantitative methods, with large publically-available data sets to further his program of research. Dr. Durtschi enjoys working alongside graduate students in research. His research centers on two general themes:

1. Understanding romantic relationships and processes across time during (a) the transition to parenthood, (b) early stages of marriage, and (c) emerging adulthood. He is particularly interested in studying predictors of relationship quality and stability.
2. Examining family processes and links between how parents' romantic relationship is linked with parenting behaviors and child outcomes.

Dr. Durtschi grew up in many different locations in the U.S., Canada, and Europe. He has been married for 8 years and has two sons and a daughter. In addition to his work responsibilities, he enjoys spending time with his family, traveling, snowboarding, kayaking, horse riding, and mountain biking.

## Dr. Jared Durtschi-Presentation #1 outline:

- I. What in the World is SEM?
- II. Building Blocks of SEM
  - a. Variance, Covariance, and Correlation
  - b. Regression
  - c. Assumptions of Regression (also applies to SEM)
  - d. Connecting the dots between regression and path analysis
- III. SEM Language and Symbols
- IV. SEM Software
  - a. Amos
  - b. Mplus

- V. How SEM Works
  - a. Maximum Likelihood estimation
  - b. Model identification
- VI. Interpreting Model Fit
  - a. Chi-Square, RMSEA, CFI, SRMR, others
- VII. Path Analysis
  - a. What path analysis is
  - b. Practice running path analysis models with sample data
  - c. Practice interpreting results
- VIII. Confirmatory Factor Analysis (CFA)
  - a. How CFA is related to exploratory factor analysis
  - b. What CFA is
  - c. Practice running path analysis models with sample data
  - d. Practice interpreting results
  - e. Chi-Square test of nested models
- IX. Full Structural Models, also called SEM
  - a. What SEM is, predicting latent variables
  - b. Practice running SEMs with sample data
  - c. Practice interpreting results
- X. How to Fool Yourself with SEM
  - a. Common misunderstandings with SEM-based analyses
- XI. Benefits of SEM and Concluding Remarks

## Instructions for Downloading Amos:

You will need to bring a laptop to the Summer Think Tank for this training event. Please follow the instructions below to install the required software on your laptop for the workshop.

1. Go to download website: <http://amosdevelopment.com/download/>
2. Select the download link provided in the Installation section (34 MB file size).
3. Select Save file on the download window that appears
4. Save "InstallAmosStudentVersion501.exe" to an appropriate location on your computer, eg. your desktop
5. Once download is complete launch the downloaded file and follow the prompts

Additional information on Amos 5 can be found at <http://amosdevelopment.com/download/>. There you can find information on online documentation, screen shots, videos, support, etc

A free student version of Amos can be downloaded at this website:  
<http://amosdevelopment.com/download/>

## Instructions for Downloading Mplus 7:

You will need to bring a laptop to the Summer Think Tank for this training event. Please follow the instructions below to install the required software on your laptop for the workshop.

1. Go to download website: <http://www.statmodel.com/demo.shtml>
2. Select the download link provided for the appropriate operating system

3. Select Save file on the download window that appears
4. Save the installer to an appropriate location on your computer, eg. your desktop
5. Once download is complete launch the downloaded installer file and follow the prompts

Additional information on Mplus 6 can be found at <http://www.statmodel.com/demo.shtml>. There you can find information on system requirements, general software descriptions, training, documentation FAQs etc

