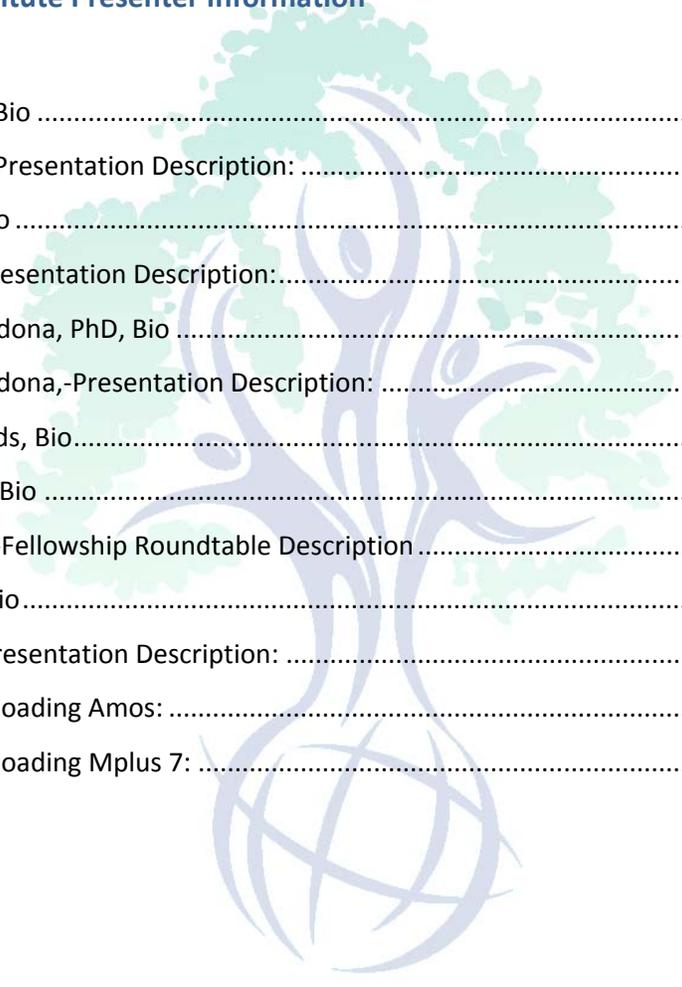


AAMFT Minority Fellowship Program Training Institute

February 5th, 2014 to February 8th, 2014

Hilton Arlington, 950 North Stafford Street, Arlington, VA 22203

Winter Training Institute Presenter Information



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Adriatik Likcani, PhD, Bio



Adriatik Likcani is a PhD Candidate in Marriage and Family Therapy (MFT) at Kansas State University. He received a master's degree in MFT from the University of Nebraska-Lincoln in 2004 and completed a post-graduate certificate program in Medical Family Therapy at the University of Nebraska Medical Center.

While in his PhD program at K-State, he was awarded the AAMFT/MFP. He also earned a Master's in Social Work (MSW) in 2011 from the University of Missouri-Kansas City. Mr. Likcani is a Licensed Marital and Family Therapist (LMFT) and clinical member of the American Association for Marriage and Family Therapy (AAMFT), and a Certified Reciprocal Advanced Alcohol and Drug Counselor (CRAADC) and approved supervisor in Missouri.

Adriatik Likcani is the co-founder and director of Recovery Lighthouse, Inc., a nonprofit community-based organization providing an array of services to individual and families in search of recovery from addiction to alcohol and drugs. Through his involvement over the past several years with the Access To Recovery (ATR) program of SAMHSA/CSAT and re-entry programs, Mr. Likcani has been invested in the development of recovery oriented systems of care in central Missouri. Part of this included recruitment and training of stakeholders from minority and underserved populations in order to increase access to care and representation in Access To Recovery services for underserved and underrepresented groups. He has served as consultant and trainer for Missouri Access To Recovery and a number of other programs and organizations in the Midwest providing training and technical assistance on evidence-based practices and programs for substance abuse treatment; diversity and cultural competence; program development; addiction and family dynamics; integration of family systems concepts and theories into substance abuse treatment.

Areas of Expertise:

- Substance Abuse (Treatment, Prevention, Recovery)
- Trauma and Justice
- Military Families
- Grant Writing
- Mental Health Policy/Advocacy
- Evidence based practices with disadvantaged groups
- Cultural Adaptation
- Professional association leadership
- Advocacy
- Behavioral Health Agencies
- Gender Issues in Couples Relationships

- Cross-cultural Couple and Family Studies
- Multicultural Competence in Clinical Practice
- Self-of-the-Therapist

Adriatik Likcani, PhD, Presentation Description:

Making a Difference: Keys to Successful Engagement and Leadership

“The purpose of life is to contribute in some way to making things better” – Robert F. Kennedy. In this session I will share with you about successful engagement as a clinician and academic at the micro, mezzo, and macro level. I will provide tips on engagement with communities, funders, and lawmakers, and will speak to the importance of collaborative practices and leadership. Today you are the MFP Fellows of AAMFT, and tomorrow’s leaders of our profession on cultural competence and substance abuse treatment and prevention. It is my hope that this presentation on keys to successful engagement and leadership will assist you to unleash your full potential as researchers and practitioners.



Judith Landau, MD, Bio



Judith Landau, MD, DPM, LMFT, CAI, CIP, BRI II, is a child, family and community neuropsychiatrist, specializing in resilience and overcoming adversity across cultures. Dr. Landau is also an isangoma or traditional African healer. As Co-developer of the Evidence-Based, Best Practice ARISE Continuum of Care, Dr. Landau draws 30+ years of research and experience aimed at facilitating long-term healing for survivors of trauma and their families including those suffering from addiction, PTSD, and head injury. Author of numerous peer-reviewed publications, she has taught in 100+ countries, trained more than 1000 Certified ARISE Interventionists, and consulted to UN, WHO, NIMH, NIDA, NIAAA, SAMHSA, and several international governments. She is the recipient of awards for AAMFT's Outstanding Contribution to the Field of Marriage and Family Therapy and AFTA's Innovative Contribution to Family Therapy. Currently recognized as a global addiction and trauma pioneer, Dr. Landau continues to change the future of addiction by identifying trauma that spans generations. Her recent TEDX talk, *Family Stories, Secrets and Survival*, has become legendary and is one of the most sought after presentations on the subjects of family resilience, trauma and addiction. Steadily working on her long awaited personal memoir, Dr. Landau continues to be used by the national media as an expert on all stories relating to human behavior.

Areas of Expertise:

- Substance Abuse (Treatment, Prevention, Recovery)
- Trauma and Justice
- Publication
- Professional association leadership
- Cross-cultural Couple and Family Studies
- Multicultural Competence in Clinical Practice

Judith Landau, MD,-Presentation Description:

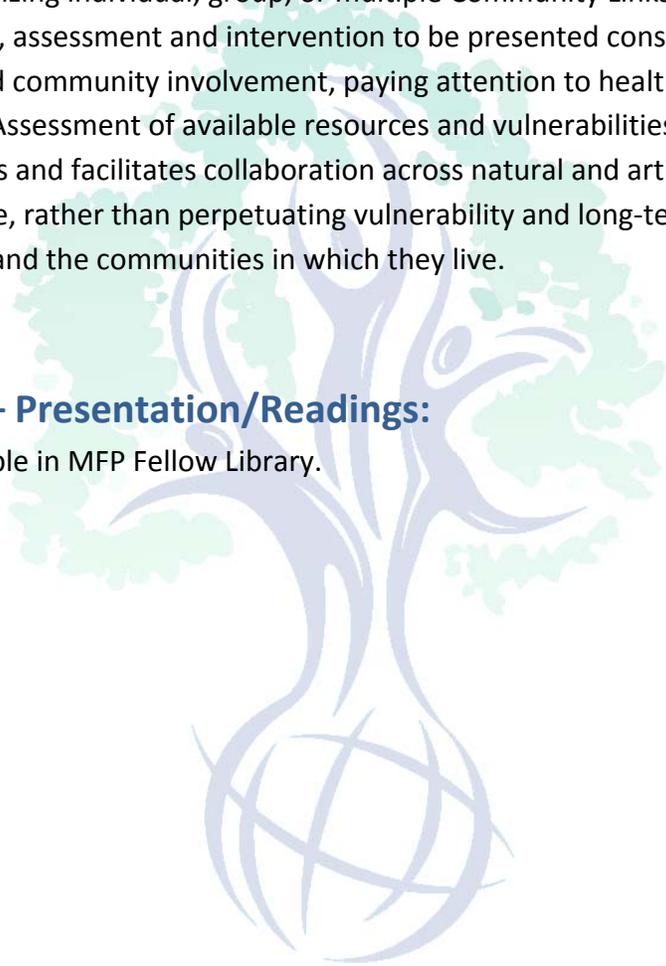
The ARISE Model, A Multigenerational and Cross- Cultural Approach for Enhancing Family & Community Connectedness To Access Resilience In Times Of Trauma

In all cultures, a family's tradition and values have profound bearing on the stresses it encounters, and how it handles them. Socio-economic change, natural and man-made disasters and migration are major influences on the integrity of society. In these times of global crisis, communities around the world are in danger of losing their intrinsic structure and protective factors. Connectedness or attachment to family and culture of origin correlate with reduced

risk-taking behaviors and a reduction in family and societal violence, the impact of post-traumatic stress, addiction, sexual risk-taking, and other chronic and/or life-threatening illnesses. Facilitating these family, cultural and community ties and enhancing access to family and community resources can therefore be protective against trauma. This connectedness fosters resilience and reduces the short and long-term effects of stress in families and communities. Studies and clinical vignettes will illustrate the benefits of working with Link Therapists or Community Links (Natural Change Agents) from families and communities to build this positive attachment. ARISE Interventions target individuals, families or communities as the object of change, utilizing individual, group, or multiple Community Links. The practical methods of mapping, assessment and intervention to be presented consider all levels of individual, family and community involvement, paying attention to health, spirituality, culture and life cycle stage. Assessment of available resources and vulnerabilities, protective factors and goals encourages and facilitates collaboration across natural and artificial support systems for building resilience, rather than perpetuating vulnerability and long-term problems for individuals, families and the communities in which they live.

Judith Landau – Presentation/Readings:

Presentations available in MFP Fellow Library.



Jose Ruben Parra -Cardona, PhD, Bio



Dr. Parra-Cardona is an Associate Professor in the program of couple and family therapy at Michigan State University (MSU). He is also Associate Director of the MSU Research Consortium on Gender-based Violence. His doctoral dissertation consisted of designing, implementing, and evaluating a parenting program especially designed for adolescent fathers of Mexican origin. As a result of this study, Dr. Parra-Cardona was awarded the national dissertation award by the American Association for Marriage and Family

Therapists (AAMFT).

Dr. Parra-Cardona is currently involved in research focused on the cultural adaptation of evidence-based parenting interventions for Latino populations. Specifically, he is the principal investigator of a study funded by the National Institute of Mental Health (NIMH). The primary goal of this investigation is to compare and contrast the differential treatment efficacy and cultural relevance of two culturally adapted versions of an evidence-based parenting intervention known as Parenting Management Training, the Oregon Model (PMTO). This intervention was developed by Dr. Gerald Patterson, Dr. Marion Forgatch and their colleagues at the Oregon Social Learning Center (OSLC). PMTO was developed with decades of funding from NIMH. Dr. Parra-Cardona collaborates in this project with Co-Investigators affiliated with Michigan State University (MSU), Michigan State University-Extension (MSUE), Utah State University, University of Puerto Rico, Río Piedras (UPRRP), and the OSLC. This project is being implemented in close collaboration with a leading mental health institution in Southwest Detroit (Southwest Solutions), as well as MSUE.

Dr. Parra-Cardona's violence research focuses on the evaluation of cultural relevance of services for Latino survivors as well as Latino men who batter and abuse. He collaborates with a leading health care service organization in Detroit (Community Health and Social Services Center, CHASS) in the implementation of these lines of research. He also serves as consultant for the National Resource Center on Domestic Violence, particularly as it focuses on developing theoretical frameworks for the reduction and elimination of violent behaviors in intimate relationships.

Dr. Parra-Cardona serves on the editorial boards of three leading journals in the fields of family therapy and family studies (i.e., Journal of Marital and Family Therapy, Family Process, and Family Relations). His clinical experience has included the provision of services to street children engaged in drug trafficking and prostitution, child and adult victims of sexual abuse and violence, as well as federal adult probationers convicted for drug trafficking. He completed his doctoral internship serving in a community based program for ethnic minority youth and families involved in the justice system.

Dr. Parra-Cardona has established strong collaborations with researchers in Monterrey and Chihuahua (Mexico) to implement community-based lines of research focused on parenting and violence against women. He is also a member of the board of directors of a leading family therapy institute in Mexico and Latin America (Centro de Investigación Familiar A.C; CIFAC) and adjunct clinical faculty in a leading family therapy institute in northern Mexico (Instituto Regional de Estudios de la Familia, IREFAM).

Areas of Expertise:

- Substance Abuse (Treatment, Prevention, Recovery)
- Trauma and Justice
- Grant Writing
- Mental Health Policy/Advocacy
- Evidence based practices with disadvantaged groups
- Research Design
- Cultural Adaptation
- Gender Issues in Couples Relationships
- Self-of-the-Therapist

Jose Ruben Parra -Cardona,-Presentation Description:

Cultural Adaptation Research: A Critical Opportunity for Addressing Mental Health Disparities in the Marriage/Couple and Family Therapy Field

- 1) In this workshop presentation I will:
 - a) Provide an overview of my professional development leading to the successful implementation of federally funded projects
 - b) Offer and overview of a decade of applied research, culminating in my NIH-funded program of research focused on the prevention of mental health and substance abuse problems among Latino immigrants

Jose Ruben Parra -Cardona – Presentation/Readings:

Readings Available in the Fellow Library.

Readings:

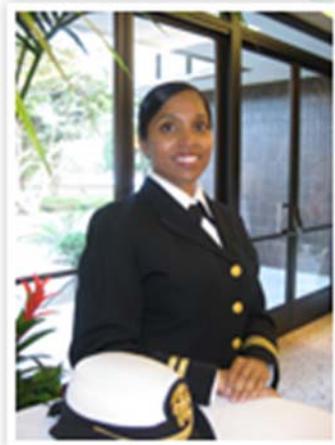
- Parra-Cardona, J. R., Wampler, R. S. and Sharp, E. A. (2006), “WANTING TO BE A GOOD FATHER”: EXPERIENCES OF ADOLESCENT FATHERS OF MEXICAN DESCENT IN A TEEN FATHERS PROGRAM. *Journal of Marital and Family Therapy*, 32: 215–231.

- Parra-Cardona, J. R., Bullock, L.*, Imig, D. R., Villarruel, F. A., & Gold, S. (2006). “Trabajando duro todos los días”: Learning from the life experiences of Latino/a migrant families. *Family Relations*, 55, 361-375.
- Parra-Cardona, J.R.,Córdova, D.*, Holtrop, K.*, Villarruel, F.A., & Wieling, E. (2008). Shared ancestry, evolving stories: Similar and contrasting life experiences described by foreign born and U.S. born Latino parents.*Family Process*, 47, 157-172.
- Parra-Cardona, J.R., Holtrop, K.,* Córdova, D.,* Escobar-Chew, A.R.*, Tams, L., Horsford, S.*, Villarruel, F.A., Villalobos, G., Dates, B., Anthony, J.C., & Fitzgerald, H.E. (2009). “Queremos Aprender”: Latino immigrants call to integrate cultural adaptation with best practice knowledge in a parenting intervention. *Family Process*, 48, 211-231.

Additional Document:

- “NIMH_R34_Background and Significance”

LCDR Monique Richards, Bio



LCDR Monique Richards, MSW

LCDR Monique Richards is a Program Management Officer stationed at SAMHSA in the Center for Mental Health Services in the Division of State and Community Systems Development. In this position, LCDR Richards serves as the agency’s lead for SAMHSA’s Minority Fellowship Program and also serves as a Program Official overseeing the Protection and Advocacy for Individuals with Mental Illness grant program. Prior to her call to active duty, LCDR Richards served as the Manager of Youth Development and Social Services with the Youth Court of the District of Columbia, a youth diversion program. LCDR Richards received her Master’s in Social Work from Howard University and has served in the Public Health Service for 6 years.

Karen Wampler, PhD, Bio



Dr. Wampler recently retired after six years as Professor and Chair of the Department of Human Development and Family Studies at Michigan State University. She earned a BA in Sociology from Indiana University, a MA in Sociology from the University of Pennsylvania, and a PhD in Marriage and Family Therapy from Purdue University. Prior to coming to Michigan State, she was a Professor of Marriage and Family Therapy, Department Chair, MFT Program Director, and Hutcheson Professor at Texas Tech University. She

developed the COAMFTE-accredited doctoral program at the University of Georgia during her tenure there as assistant and associate professor. She was founder and first coordinator of the Interdisciplinary MFT Certificate Program at the University of Georgia, a collaboration with MFT, Social Work, and Counseling. She is past editor of the *Journal of Marital and Family Therapy*. Her primary research foci are the application of attachment theory to understanding couple interaction, family therapy process research, and observational measures of couple and family relationships.

She has authored over 50 refereed journal articles and 10 book chapters, and has brought in over one million dollars in externally funded grants. A licensed marriage and family therapist, she is a Fellow of AAMFT where she has served on numerous committees, including as a member of the Commission on Accreditation for Marriage and Family Therapy Education. She is active in SRCD and in NCFR, most recently serving on the Elections Council for NCFR. Many of her former doctoral students are now faculty at institutions throughout the United States.

Areas of Expertise:

- Substance Abuse (Treatment, Prevention, Recovery)
- Grant Writing
- Publication
- Evidence based practices with disadvantaged groups
- Research Design
- Cultural Adaptation
- Job seeking
- Self-of-the-Therapist

Karen Wampler, PhD,-Fellowship Roundtable Description

Roundtable: Review of Research Projects

The Roundtable will be an opportunity to comment on Fellows' research proposals and projects. The leader will comment on the documents submitted prior to the meeting. The

Roundtable will focus on positive feedback as well as constructive comments to improve the research projects. A collaborative and informal atmosphere of mutual problem-solving is the intent with participants leaving with a better project and feeling more encouraged about its importance and their ability to successfully conduct their research.

Jared Durtschi, PhD, Bio



Dr. Jared Durtschi is an Assistant Professor of Marriage and Family Therapy at Kansas State University, joining the KSU program in 2011. He completed a BS in psychology from Brigham Young University, a MS in MFT from Purdue University Calumet, and a PhD in MFT from The Florida State University. Dr. Durtschi is a current member of the American Association for Marriage and Family Therapy (AAMFT) and the National Council on Family Relations (NCFR). At KSU, he teaches a course on structural equation modeling, advanced family therapy theories, and advanced studies in MFT and family science. He provides individual and group clinical supervision to masters and doctoral level students. His research and clinical interests center on romantic relationships and family processes. His research is guided by family systems theory and life course theory. Dr. Durtschi studies couples and families by analyzing longitudinal, dyadic data using quantitative methods, with large publically-available data sets to further his program of research. Dr. Durtschi enjoys working alongside graduate students in research. His research centers on two general themes:

1. Understanding romantic relationships and processes across time during (a) the transition to parenthood, (b) early stages of marriage, and (c) emerging adulthood. He is particularly interested in studying predictors of relationship quality and stability.
2. Examining family processes and links between how parents' romantic relationship is linked with parenting behaviors and child outcomes.

Dr. Durtschi grew up in many different locations in the U.S., Canada, and Europe. He has been married for 8 years and has two sons and a daughter. In addition to his work responsibilities, he enjoys spending time with his family, traveling, snowboarding, kayaking, horse riding, and mountain biking.

Areas of Expertise:

- Grant Writing
- Publication
- Research Design
- Job seeking

Jared Durtschi, PhD-Presentation Description:

1) A Gentle Introduction to Structural Equation Modeling

- a) This workshop will review variance, covariance, correlation, and regression. We will discuss path analysis in depth. Depending on the remaining time, we may briefly review confirmatory factor analysis, full structural models, and growth models

2) Mediation and Moderation: Conceptual Foundations and Analytical Applications

- a) This workshop will conceptually introduce Fellows to conceptually how to distinguish between mediation and moderation, how to prepare the data, and how to test both mediation and moderation, and how to create and interpret interaction figures.

Instructions for Downloading Amos:

You will need to bring a laptop to the Winter Training Institute (WTI) for this training event. Please follow the instructions below to install the required software on your laptop for the workshop.

1. Go to download website: <http://amosdevelopment.com/download/>
2. Select the download link provided in the Installation section (34 MB file size).
3. Select Save file on the download window that appears
4. Save "InstallAmosStudentVersion501.exe" to an appropriate location on your computer, eg. your desktop
5. Once download is complete launch the downloaded file and follow the prompts

Additional information on Amos 5 can be found at <http://amosdevelopment.com/download/>. There you can find information on online documentation, screen shots, videos, support, etc

A free student version of Amos can be downloaded at this website:
<http://amosdevelopment.com/download/>

Instructions for Downloading Mplus 7:

You will need to bring a laptop to the Winter Training Institute (WTI) for this training event. Please follow the instructions below to install the required software on your laptop for the workshop.

1. Go to download website: <http://www.statmodel.com/demo.shtml>
2. Select the download link provided for the appropriate operating system
3. Select Save file on the download window that appears
4. Save the installer to an appropriate location on your computer, eg. your desktop
5. Once download is complete launch the downloaded installer file and follow the prompts

Additional information on Mplus 6 can be found at <http://www.statmodel.com/demo.shtml>. There you can find information on system requirements, general software descriptions, training, documentation FAQs etc

Dr. Jared Durtschi– Presentation/Readings:

Presentations available in MFP Fellow Library.

